

## THE TRAVELER'S WELL ASTROLOGY – RELOCATION GUIDE

Since many of our clients initially seek our services to identify their most supportive locations, our time with clients also revolves around discussions related to the process of moving. Relocating is never easy and, in the process of relocating, we take almost every aspect of our life and toss it up in the air. Simply put, there are a lot of moving parts and a lot can go wrong. So, even if you are moving to one of your most supportive locations, you need a strong plan for your relocation!

In this document, we share the following:

- **Foundations For A Relocation** - What we recommend as a foundation (the basics) for your relocation plan to help ensure a smooth landing at your new location.
- **Location Test Drives** - Detailed tips for checking out locations to make sure it is a good fit for you.

### Foundations For A Relocation

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#### Finances

**Relocation Expenses** - Ensure adequate resources to cover the costs of your relocation:

- Boxes and tape and packing paper
- More boxes and more tape and more paper
- Moving service or moving van and the associated transportation costs (or car maintenance in advance of the move if you are using your own vehicle)
- Incidental expenses like eating out more
- Time off work to physically move and settle in
- Security deposits, agent fees

**Savings** - Simply put, moving is expensive. It is like one big vacuum cleaner that intends to suck up as much of your money as it can find. So, the more savings you have, the less stress you will have as money flows OUT to support the expected and unexpected expenses of moving. Since money is one of the biggest concerns we each have in life, not having enough money creates a lot of stress in life.

Without adequate savings (an emergency fund to cover expenses for 3 to 6 months), we add additional stress to the challenge of moving and what is supposed to be the excitement of starting a new chapter in life simply becomes a hot mess! When money becomes an issue, then we often shut down and can get depressed. This type of situation does not provide a good introduction to your new home and by being financially prepared we simply have a gentler landing.

**Health Insurance** – It is advisable to ensure there is no lapse in your health coverage during your relocation.

**Address Changes** – Create a check list of all addresses you need to change. Forgetting to change an address associated with a bill can be expensive.

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**Housing** - Secure housing before you relocate. This can be a temporary or a long-term solution, but secure your living space before you move.

Here are a few options:

- Short Term, Furnished Rental (we suggest a 3 month minimum initial agreement)
- Lease an Apartment
- Lease a Home
- Purchase a Home

When leasing, we recommend meeting with the landlord in person and viewing the space in person before agreement to the terms of a lease.

With a short-term, furnished rental, there are several established vendors and you can meet with a vendor in your area, sign their forms and understand their terms in advance. In this case, if you feel comfortable, you can select your short-term space remotely. After all, if there is trust and firm is reputable, then you will only be in the space for a very short period of time. If you are in a short-term, furnished rental, you may still want to buy things to make life feel better like bedding or certain appliances (for example, espresso machine)! But, with a short-term space, know there will be aspects of it that are unpleasant. If you prepare yourself for this, it will have less of an impact (hopefully).

Purchasing a home prior to relocation can be daunting as the timing is unpredictable. So, it is often nice to have a short-term, furnished rental or lease for a period of time while searching for the right home for you (in your neighborhood and with good feng shui).

With the short-term rental or lease, a storage facility may be required for a period of time and if you can also visit the facility in advance, that is great.

**Co-Housing Warning** – We generally advise against co-housing. What is co-housing? Co-housing represents any situation where you share a portion of a living space with another person for a period of time. Co-housing can be with extended family, friends, a past relationship partner, or someone you have just recently met.

Why do we advise against co-housing? In a very high percentage of the instances where people indicate they have a co-housing arrangement, the situation quickly deteriorates and leaves the person in a very vulnerable situation needing to find the housing under duress. Simply put, this type of housing arrangement should be avoided. While it sounds easy and like it 'was meant to be', it most likely will not feel that way for long.

Securing a living space before you vacate your present home adds a level of comfort to your relocation. We strongly recommend this living space be one that gives you your independence and come with the security of some form of legal contract or lease.

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**Timing** - Certain astrological transits indicate that a person might move. It is during these transits that moving is supported astrologically. Does that mean nothing will go wrong? Absolutely not because the process of moving is still complex. But, it does mean that we are more supported during the process of moving.

When we attempt a move during a challenging astrological transit, then the chances of things going wrong and us getting thrown really off base because of it are higher. When the timing supports us, things can go wrong, but we are more able to brush them off. When the transits are challenging, it is more like a sucker punch! Please make sure you know the astrological energies associated with your relocation timing.

### Career, Work, Income

**Job Seekers** - For those in the corporate world and who need to have income upon arrival, secure a job ahead of time. Commit to a specific start date and always meet face to face with your employer at least once. Formal, written agreements are preferable.

If you have some money saved and do not need to have income right away, it still might be nice to have a job upon arrival, even if it is not your dream job. Because even though we think we can wait for income to start flowing IN, we have psychological and emotional stress as our savings dwindles and all of our money flows OUT. So, to ease this, it is always best to have a job right away as 'bridge' income.

**Self-Employed** - For those who are self-employed, a plan is an absolute must and might even delay your relocation for several years. This simply becomes part of your business planning.

For most all types of self-employed professions, State and Local Regulations associated with your business and State and Local Taxes need to be understood prior to relocation. So, do you need to be recertified in your field of expertise and what are the regulations for conducting a business from your home are a couple of examples.

Then, the steps vary based on the following types of businesses:

- Internet Based Merchants (for example, E-Bay Seller)
- Remote Service Providers (for example, a healer or astrologer)
- Home Based Service Providers (for example, a music teacher)
- Partner Based Service Providers (for example, a massage therapist at a spa)
- Store Front Service Provider (for example, a chiropractor)

But, in all cases, for self-employed persons who depend on a client base, the main consideration as you plan your physical relocation is the impact to your client base. If you need to build a new client base in your new location, then that simply takes time and a plan is needed to bridge the gap in income you will experience as you establish your services with new clients.

Transitioning your business with care will maintain your reputation and client satisfaction, which is so very essential and one of the self-employed person's most valuable assets.

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## Children and Education

Honestly, most of the people looking to relocate who utilize our services have adult children. So, we don't have a lot of tips in this regard, but, when selecting a community, the education of your children needs to be strongly considered by visiting schools, etc. and aligning your move with the educational cycles of your children.

## Moving With Pets

Our dearly, beloved furry friends are family and need this transition to be smooth too. We actually have more clients who relocate with pets than with children. Our furry friends introduce a level of complexity related to leasing and purchasing living spaces. Pets can also be a challenge in certain hotels. So, simply put, you need a plan for your pets too! It might also be good to prepare yourself emotionally for the chance that kenneling might be necessary for a period of time due to quarantine restrictions in some foreign countries.

## The Physical Move

There are many approaches to moving. Some people rely on friends and family to help them pack and move. Others do it all on their own, while others hire professionals to do it all. Or, some combination of the above is nice. Regardless, moving is an ideal time to do some space clearing – out with the old and in with the new! If you pack for yourself, put love and positive energy into all you pack.

## Summary

As you can imagine, we hear a lot of stories about the process of relocation from our clients and we have made many such moves ourselves over the course of our lives as well. Some of the stories we hear reflect a smooth transition (no move is ever without a hiccup or two). But, we also hear stories that reflect less positive experiences. Our goal is that each relocation be a positive experience as this new chapter of life begins.

So, after you have visited and selected your location, the highlights that impact most all of us are:

- Have adequate financial resources to cover your expected and unexpected moving expenses
- Secure a job and your income prior to relocating
- Secure a living space (at least for 3 months) at your new location

As always, please do share your thoughts and ideas about what makes a successful relocation.

*“Moving in harmony with the Sun, Moon and stars!”  
Scott & Sappho Wolfram*

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## Location Test Drives

Checking out potential locations prior to moving is essential. Why? Not only is it important for you to feel and experience the astrological energies, you also want to ensure that you resonate with the characteristics of the physical location. These characteristics include:

- Climate (weather, temperatures, humidity, how are the seasons experienced, etc.),
- Geography (mountains, lakes, oceans, deserts, rivers, etc.)
- Socio-economic (jobs, safety, taxes, public transportation, health care options, etc.),
- Community Spirit (political, social norms, access to healthy food, etc.)
- Demographics (population, diversity, housing options, etc.), and
- Culture (arts and music, food and dining, sporting venues, etc.).

We each have a set of location preferences we strongly desire. If a supportive astrological location does not meet enough location preferences, then trade offs become necessary. In doing so, a decision might be made to live at a Grade B versus a Grade A location or a trade off might be made to give less priority to a particular location preference.

The purpose of checking out a location is to 'test drive' the astrological energies and to thoroughly inspect the community. Here are some tips.

LOCATION EXPLORATION – BEFORE YOU RELOCATE
If you have multiple locations you want to check out, prioritize them and start planning visits to the locations at the top of your list. Plan to visit a location once or multiple times before relocating.
Select the best dates to explore the location based on supportive astrological transits for you (and your family). Negative astrological transits can add challenge to your visit and it is best to avoid this.
Make sure you have adequate funds for the exploration trip and start a savings plan if necessary. Adding pressures related to expenditures adds stress. So, don't make the trip until you can afford it!
Try to spend a week if possible or as much time as you can comfortably can. Meaning, if you don't like being away from home for more than 5 days, then plan to stay 5 days only. But, try to visit over a weekend and on a weekday too to make sure you see both aspects of the community. Also, try not to travel on holidays because they do not reflect the typical flow of the community.
Make a plan for how you are going to navigate your time (being sure to leave some space for synchronicity). If you don't have some sort of a plan, you may walk away feeling like you accomplished very little and don't have enough information to make a decision. Checking out a location can be exhausting – so plan lots of breaks for hydration and nourishment.
In advance, research the community and select the neighborhoods that you think will best suit your lifestyle. Book your hotel in that neighborhood if at all possible. So, if you intend to live downtown, don't stay in a suburban hotel (and visa versa). Do not stay in a part of town where you would not live. Make sure your living quarters for the visit are as comfortable as possible.
Search the internet for things that are important to you that you want to check out while you are visiting the location (for example, farmer's markets, grocery stores, museums, parks, schools, sporting venues, book stores, churches/spiritual centers, etc.). Print out maps, addresses, phone numbers and opening hours (can you tell we don't have a Smart phone).

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### LOCATION EXPLORATION – BEFORE YOU RELOCATE

Plan ahead to attend a cultural event whether formal or informal (for example, at a coffee house, a free community lecture, symphony, etc.). Interact with people.

If you are self-employed and will be rebuilding your client base in this new location, if possible, visit shops of people providing similar services. See how the businesses are set up. Arrange in advance to meet with someone in your same field. Arrange in advance to give a lecture at a bookshop.

Make sure your bank knows where you are traveling (especially if this is a foreign country) to make sure you don't have any unexpected events related to your financial tools like credit cards.

When making your trip plans, be careful to avoid any travel situations that can create crisis since this is such an important journey (for example, avoid red eyes, avoid tight connections, etc.). Avoid anything that, if it goes wrong, will mess up the visit – just try to minimize that.

Visit with the intention of making the location your home. Go with that attitude firmly planted in your consciousness. Your intention is important - you are looking for a new home.

### LOCATION EXPLORATION – WHILE YOU ARE THERE

Weather is unpredictable. Bad weather can make a location seem overall negative and great weather can over exaggerate the positive energies. We are each strongly influenced by weather and need to take this into account. Everything naturally feels better when the sun shines and a bit worse when it does not. Be sure to factor this into your experiences.

If the location you are checking out has multiple seasons, visit during the best season and the worst season.

If the city has a tourist information center, visit it early in the trip and gather maps and information.

Don't forget your battery chargers so you can take lots of photos! Take photos of your impressions and of you in the community. This will be important when you return home.

Keep a journal of your experiences.

Pick up lots of community newspapers and real estate flyers everywhere you go. These will be valuable sources of information during your trip (read through when you are taking a pause in your day). Also, they will provide a lot of information after you return. You can make a lot of contacts through these information sources.

You can also assess the political energy of the community this way if that is important to you.

Your temporary living space can also impact how you feel. If the hotel or space you are staying is negative, make a switch to remove this issue during your trip (or, for that matter, related to any other aspect that is uncomfortable).

Road construction that you may not be aware can impact the feel of your time in a location because it can add stress to travel or alter the natural navigation routes of a city. We visited a location where the main roadway to the places we were interested in was closed and the detour was very unpleasant. This is a temporary situation, but can create negative impressions.

Our physical health is also a factor. If we are ill or under the weather, this will naturally impact our exploration. Keep a normal routine with healthy food and get plenty of rest. Keep your immune system strong because you can be more susceptible to illness during this time and be well rested before you travel. Don't wear yourself out!

Visit open houses you drive by in the community or stop in to model homes. Or, if renting, make an appointment to view some apartments in the location you might want to live. Or, simply make an appointment with a Real Estate agent before you leave.

Current events can also impact a trip. Negative news events will impact our exploration if the news is disturbing to us personally. For example, we were travelling in Germany during the 911 attack in the US and this had a big impact on our overall experience.

If your first trip is negatively impacted by any of the above, consider another visit.

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### LOCATION EXPLORATION – WHILE YOU ARE THERE

Try to engage people in conversation. If you are shy, this isn't easy. Make sure the person you select to engage does not look like they are in a hurry or under stress in any way. You might want to have the name of a place (like a book store, etc.) in the area and say that you are checking out the location and considering a move and you are looking for this place can they help out. They can simply give you directions or tell you they have never heard of it or tell you that you are a freak for looking for that place or simply brush you off. When we step out and try to engage, we don't always have good results. But, the opposite can happen too and a new friendship can be formed.

### LOCATION EXPLORATION – AFTER YOU RETURN

Evaluate your exploratory visit and determine if you need to visit again. Did you have enough time to fully explore the important aspects of the community? Do you have the information you need to decide to relocate? Try to look at things very objectively!

Do you need to visit again?

Was the culture and society a good match for your lifestyle? Will you be supported in this community?

Will this community be affordable for you?

Stay in touch with community via blogs, websites, webcams, etc.

Review your photos, newspapers, flyers, etc.

Make a list of what you like and what you don't about the location. Identify the trade offs you might need to make. Determine what aspects of where you live are most important to you. How well does the location support what is most important to you.

### More Moving Tips

#### RELOCATION TIPS – BEFORE YOU MOVE

Have adequate savings or cash on hand to meet moving expenses and initial needs (for example, down payments, security deposits, movers, etc.).

Have a reliable source of income established before you set a date for relocation (for example, from a pension or social security, job, etc.). It is always best to meet face to face with your new employer versus accepting a job without first meeting.

If you are self-employed, know it will take time to build your business so hit the ground running with advertising, lectures, etc. set up when you arrive (or before you move in order to cultivate your future clientele).

For any relocation, but especially long-distance relocations, evaluate your belongings and bring with you "all that you can't leave behind". Moving is always a good time to do some space clearing.

If you plan to rent, plan on trip so that you can visit various rental properties and sign a lease before relocating. If this is not possible, rent a furnished space remotely before relocating. Plan to remain at this temporary space for 1 to 3 months before moving to your space with the long term lease.

If you plan to purchase a home, also rent a furnished space, but more likely for 3 months while you search for properties to purchase. If you are able, establish a connection with a Realtor on one of your exploration trips.

For purchasing, know how much you can afford and secure financing before you relocate.

Make some extra cash for your relocation by selling items you no longer need (for example, on Craig's List, Amazon or E-Bay).

As soon as you have your new address, submit the address change (with the date of your relocation) at the U.S. Post Office and track all address changes you need to make and those you

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### RELOCATION TIPS – BEFORE YOU MOVE

have made.

Identify a mover as soon as possible or have a strong plan if you are going to do it all on your own.

Many things will fall into place for you, but not everything. That doesn't mean you are not meant to relocate. As we make major change in life, we are asking to become someone new. The process of great change or transformation is not free of effort.

If you are relocating to a foreign country, be sure to fully understand the visa requirements for long-term entry. Create a check-list and a binder to store the required documentation. Keep this safe and in an easy to access place during the entire relocation.

Before obtaining any living space, make sure the feng shui of the new living space is good.

If the location where you are moving has visa requirements you must meet before you can remain long-term, obtain a cost-effective temporary location before you get there.

Make sure your family members and friends know how to contact you during the relocation.

Update your wills and any financial planning documents as required.

Moving with animals always requires additional steps. Be sure to check out any special regulations of the location you are moving to related to pets. Make sure your temporary space will accept pets.

Make sure you have an astrologically supportive time to move.

Pack an emergency or go-to back that is readily available to support your comforts and basic needs when you hit the ground (first aid, tea, water, healthy non-perishable snacks, batteries, chargers, etc).

### RELOCATION TIPS – AFTER YOU MOVE

Be prepared for the unexpected, meaning expect it to happen. We can't possibly plan for everything and surprises will happen. These are real. Accept them as such and address them as unemotionally as possible.

Especially if you are self-employed, but sure to understand any changes to your required tax processing where you live.

Meeting people takes time and you will be busy during this time. Be sure to take breaks and interact to build these relationships. Otherwise, you may feel too isolated.

Often with relocation we are also starting a new job. Moving and starting a new job are two of the most stressful events in our life. So, don't apply too much additional pressure.

Build your new home one step at a time and be sure to attend to the things that will make your new location really feel like home before taking on too much else. We never feel grounded until our home is settled.

Take time to feel how your energies have changed. Energies are not felt often to their fullest extent until you are in your new home and life begins to function normally again. This takes time and patience.

Take time to recognize what energies are being released or emerging.

Live your new energies - observe yourself and the changes taking place in your life. Observe your thoughts and habits and allow bad habits or negative thought patterns to fade. Embrace a new way of being as the new energies unfold over time.

You take your birth chart with you wherever you go. So, always be aware of astrological transits. The motion of the Sun, Moon and stars do not cease, but you can now move in ever greater harmony with them.

We often find that our new home has one or two aspects we 'didn't remember' once we move in. So, we need to adjust.

Your new routine will be established over time. We find it takes 9 to 12 months before we are established as we wish to be in a new location. Give it time.

If you would like a referral to professionals who can assist with Feng Shui or realignment and clearing of karmic energies, please do contact us for referrals.

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